



# Fruity Flatbread — Sunny Start Flatbread



# Fruity Flatbread/Sunny Start Flatbread—Quick Scratch Preparation

Recipe HACCP Process: #2 Same Day Service

Meal Pattern Crediting (1 serving): .5 Dairy M/MA, 1.5 Grain, ½ cup Fruit

Portion Size: 2 flatbreads

Ingredients	24 Servings		48 Servings		Directions
	Weight	Measure	Weight	Measure	
Whole grain sandwich thins	36 oz.	1 slice per serving, split	72 oz.	1 slice per serving, split	1. Preheat oven. 2. Separate sandwich thins into halves horizontally; coat slices with pan-release spray and place on parchment lined sheet pan. (See photo #1)
Pan-release spray	48 g.	to coat pan	96 g.	to coat pan	
Cinnamon sugar	5 oz.	1 cup	10 oz.	2 cups	3. Sprinkle sprayed-side (or use dredger) with cinnamon sugar (50% granulated sugar/50% ground cinnamon). (See photo #2) 4. Bake at 375°F for 8 minutes in a conventional oven (or at 350°F for 3 – 5 minutes in a convection oven), or until crust is golden brown; remove from oven and cool completely at room temperature.
Regular yogurt, vanilla, low fat	48 oz.	1 1/2 quarts	96 oz.	3 quarts	5. Using a #30 disher, place 2 tablespoons (1 oz.) of yogurt on each flatbread; spread evenly over bread. (See photo #3)
Fruit, fresh or canned, drained	96 oz.	2 quarts	192 oz.	1 gal.	6. Using a 2 oz. spoodle or #16 disher, top each flatbread with 1/4 cup fruit. (See photo #4) Transfer to serving container. <b>CCP:</b> No bare hand contact with ready-to-eat food. Fruit prepared as per SOP. 7. Serve two flatbreads. <b>CCP:</b> Hold and serve at 41°F or below.

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Comments	Fruity Flatbread			
Test hold time before serving. Maximum hold time typically 25 – 60 minutes.	<b>Nutrients Per Serving—Analyzed using NutriKids software</b>			
Can substitute raisins or cranberries for fresh fruit, at half the volume.	Calories 263	Saturated Fat 0.74 g	Iron 1.66 mg	
Greek yogurt can be substituted for regular yogurt.	Protein 8.56 g	Cholesterol 2.83 mg	Calcium 178.48 mg	
For nutrition analysis, we used Brownberry® Premium Breads Whole Wheat Sandwich Thins®. Other brands of round sandwich thins such as The Father's Table® Ultra Loco Flatbread, or Pepperidge Farm® Goldfish Flatbread may also be used for this recipe.	Carbohydrate 54.33 g	Vitamin A 145.45 IU	Sodium 208.11 mg	
For Sunny Start Flatbread, (for 24 servings) mix 1 1/2 cups peanut or sunflower butter into the yogurt. Top with sliced banana.	Total Fat 4.13 g	Vitamin C 5.09 mg	Dietary Fiber 7.35 g	

# Fruity Flatbread/Sunny Start Flatbread—Quick Scratch Preparation

Photo #1



Photo #2



Photo #3



Photo #4

