

Meet The Three Sisters

Corn, Bean, and Squash

The three sisters are garden partners that support each other to grow. _____ provides support for bean vines. _____ absorb nitrogen from the air and convert it to a form that the _____ and _____ can use.

The large, prickly _____ leaves shade the soil, preventing weeds and keeping animals away.

_____, _____, and _____ were

considered by many First Peoples to be special gifts from the creator.



FROM THIS LAND: HONORING NATIVE FOODS OF AUTUMN



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CELEBRATING HARVEST BY LAND



CORN HUSK DOLLS



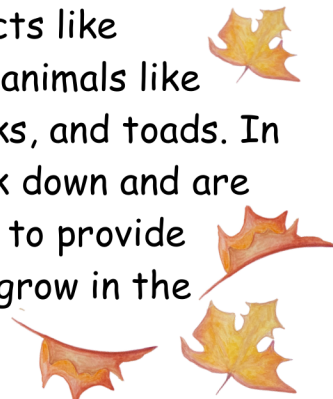
Every part of the corn is used by Native People. Corn Husk Dolls were often created as children's toys.

Scan the QR code to download step-by-step instructions.

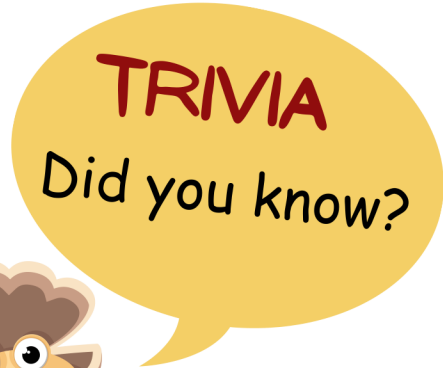
STORY TIME



Leaves fall from trees and lay across the ground, providing mother earth a colorful and warm blanket for the cold winter. The leaves are a natural habitat for many insects like butterflies, and small animals like salamanders, chipmunks, and toads. In the winter, they break down and are absorbed into the soil to provide nutrients for food to grow in the spring.



CELEBRATING HARVEST BY SEA



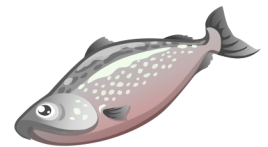
Oysters can be harvested in months ending in the letter "R"

Scallops are the only mollusk that can swim



Scallops have 40- 50 eyes

Tautog is a native fish also known as *Blackfish*



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